



INVITATION TO THE INTERNATIONAL WAKO KICKBOXING CHAMPIONSHIP  
**AMONG KIDS, CADETS AND JUNIORS IN K1 (WAKO)**

## «ESTONIA CUP 2020 WAKO K1»

Among kids, cadets and juniors

**1st of February**, TARTU, ESTONIA

A. Le Coq Sport Hall (Ihaste tee 7, Tartu)

Dear friends!

Sport Club Klan and Estonian Kickboxing Federation is pleased to officially invite all Kickboxing clubs all over the world to participate in the international **ESTONIA CUP 2020 WAKO K1** tournament, which will take place from the **1st of February** in Tartu, Estonia.

Participation is open for all kickboxing clubs of Estonia and other countries, according to given entry-forms. **Participating KIDS, CADETS and JUNIORS - in K1 only.** Each club can present several fighters in each weight division



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## AGE AND WEIGHT DIVISIONS, **ESTONIA CUP 2020 WAKO K1**

- **KIDS 1 (7 years, boys and girls)**  
-24, -26, -28, -30, -32, -34, -36, -38, -40, -42, -44, -46, -48, -50, 50+ kg.
- **KIDS 2 (8 years, boys and girls)**  
-26, -28, -30, -32, -34, -36, -38, -40, -42, -44, -46, -48, -50, -52, 52+ kg.
- **CADETS 1 (9-10 years) - MC1KR и FC1KR**  
-26, -28, -30, -32, -34, -36, -38, -40, -42, -44, -46, -48, -51, -54, -57, 57+ kg.
- **CADETS 2 (11-12 years) - MC2KR и FC2KR**  
-28, -30, -32, -34, -36, -38, -40, -42, -44, -46, -48, -51, -54, -57, -60, -63,5, 63,5+ kg.
- **CADETS 3 (13-14 years) - MC3KR и FC3KR**  
-36, -38, -40, -42, -44, -46, -48, -51, -54, -57, -60, -63,5, -67, 67+ kg.
- **YOUNGER JUNIORS (15-16 years) - MYJKR**  
-42, -45, -48, -51, -54, -57, -60, -63,5, -67, -71, -75, -81, 81+ kg.
- **YOUNGER JUNIORS (15-16 years) - FYJKR**  
-36, -40, -44, -48, -52, -56, -60, 60+ kg.
- **OLDER JUNIORS (17-18 years) - MOJKR**  
-51, -54, -57, -60, -63,5, -67, -71, -75, -81, -86, -91, 91+ kg.
- **OLDER JUNIORS (17-18 years) - FYJKR**  
-48, -52, -56, -60, -65, -70, 70+ kg.

## REGULATIONS OF THE FIGHTS

1. For kids it will be 2 rounds of 1 minutes each . A full 1 minute of rest shall be given between the rounds
2. For Cadets 1,2,3 it will be 2 rounds of 2 minutes each. A full 1 minute of rest shall be given between the rounds.
3. For Juniors and older it will be in quarter finals and semi finals 2 rounds of 2 minutes each. A full 1 minute of rest shall be given between the rounds. In finals 3 rounds of 2 minutes each. A full 1 minute of rest shall be given between the rounds. In finals

## MEDALS AND AWARDING

1st, 2nd and 3rd places will get medals and diplomas.





## ESTONIAN CUP 2020 WAKO K1 OFFICIAL SCHEDULE

**1st of February**

09.00-11.00	WEIGHT-IN AND MEDICAL CHECK	A. Le Coq Sport Hall (Ihaste tee 7, Tartu)
11.00-12.00	DRAW	A. Le Coq Sport Hall (Ihaste tee 7, Tartu)
13.00-...	START OF THE COMPETITION	A. Le Coq Sport Hall (Ihaste tee 7, Tartu)

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## PROTECTION EQUIPMENT FOR K-1

- Boxing gloves, 10 OZ, without laces
- Head-protection (top of the head must be covered), according to the colour of the corner.  
**Classic boxing helmets are forbidden.**
- Mouth guard (for boys and girls mandatory).
- Groin protection for boys and girls (breast protection for girls).
- Boxing wraps.
- Shin guards (please look at the pictures below to check the allowed shin guards). Shin guards with metal/plastic elements are forbidden). **The brand of the shin guards is not important**
- Kickboxing Shorts (**MUAY-THAI symbolic is NOT ALLOWED!**).
- Protective vests for 7-10 year olds competitors (KIDS 1,2 and CADETS 1). Vests will be provided by promoter.

**KIDS and CADETS (1,2,3) are NOT ALLOWED to attack the HEAD with a knee.**



## WEIGHT-IN AND MEDICAL CHECK

Registration and weighting-in of the fighter will be made after presenting the following documents:

- WAKO sport pass for WAKO members.
- Passport or ID-card for others (non members)
- Valid permit to fight signed by sport doctor.
- Insurance.
- All participants must take visas in Estonian embassies in their countries, if needed.
- **20/30 EUR in cash for starting fee.**

**ATTENTION! Sportsman who will not have a valid permit to fight from a sport doctor will be able to pass the medical check at the place. Price - 5 EUR.**

## HEAD REFEREE AND PROTESTS

**ESTONIA CUP 2019 WAKO K1** competition is held under WAKO rules, which can be found on <http://wakoweb.com>. Chief Referee - Mr. DENIS LAHTIKOV (+372 5346 6030, [denislahtikov@gmail.com](mailto:denislahtikov@gmail.com)). Protests during the competition - on the name of Chief Referee with pledge 100 EUR no later than 30 minutes after the fight. Final decision will be given by the member of the appeal committee.





## ENTRY-FORMS FOR **ESTONIA CUP 2020 WAKO K1**

Preliminary entry-forms (fighters, coaches) should be sent not later than January the 25th by the e-mail: **[estonia.cup2020@gmail.com](mailto:estonia.cup2020@gmail.com)**

### INFORMATION:

Boris Blinov (General secretary of Estonia Cup 2020 WAKO K1 Estonia): +372 53086992 (Estonian, Russian, English). Aleksandr Popov (Head promoter): +372 5514232 (Russian).

### *Example of the entry-form:*

CLUB NAME.....  
ADDRESS.....  
COACH.....  
SECOND IN CORNER.....  
SIGNATURE OF THE CLUB'S PRESIDENT AND SEAL.....

### ENTRY FEE FOR COMPETITORS

**The registration fee for Estonian Kickboxing Federation members is 20 euros  
and for non-members is 30 euros**  
Payment - during registration (cash only).

**NB! Link to the list of participants and preliminary draw will be sent to team  
representatives on January 20th**